



ROOT CANAL THERAPY POST-OP

- Avoid eating or drinking hot foods or beverages until numbness has entirely dissipated.
- Do not intake alcohol or other recreational drugs while you are taking pain medication for treatment of your tooth.
- The tooth may be tender for several days as a result of the manipulation during treatment. Unless specified by your dentist, begin taking Ibuprofen, Advil or Motrin (*3 tabs of 200 mg. or 600 mg. every 6 hours for the first two days following treatment. Tylenol (2 tabs of 500 mg. every 6 hours)*) can be used as an alternative or in addition to Ibuprofen for 3 consecutive days whether or not you are experiencing discomfort. Should you experience discomfort that cannot be controlled with the above medication or should swelling develop, please contact our office immediately.
- Rinse your mouth with warm salt water. Repeat several times each day until tenderness is gone.
- Avoid chewing on the treated tooth until all tenderness has disappeared.
- Should pain become severe or swelling develop or any other condition that causes you concern, please call our office at any time, including after office hours.
- If the temporary filling should come out or part of the tooth breaks, please call the office to schedule an appointment.
- Although the root of your tooth is permanently sealed, the outer surface of your tooth is sealed with a temporary restoration. We must place a permanent restoration to protect your tooth against fracture and decay. Delay in obtaining this permanent restoration may place your tooth in jeopardy.